



The BCC

The Burlington Caribbean Connection

MISSION: TO BUILD PUBLIC AWARENESS AS WELL AS PROMOTE LOCAL UNDERSTANDING AND ACCEPTANCE OF CARIBBEAN CULTURE.

Connect



The Burlington Caribbean Connection is pleased to launch the first issue of our electronic newsletter "Connect". We hope you will find the content useful, informative, engaging and brain-teasing.

Ancilla Ho-Young, President.

Who or what is the BCC?

The Burlington Caribbean Connection is a cultural non-profit, non-partisan organization.

Formed in 1996 as "The Burlington Caribbean Youth Connection" and later renamed "The Burlington Caribbean Connection" (BCC)

Anyone can be a member of the BCC who has an interest in its Mission and Goals & Objectives.

To be a member requires the completion of an [application form](#) and a commitment to attend membership meetings and /or events.

Goals & Objectives

- o To create cultural awareness through social events and educational opportunities
- o To maintain a scholarship fund
- o To assist in charitable causes that are aligned with our mission
- o Operate as a non-profit non-partisan organization

Events Diary

The Burlington Caribbean Connection presents our

Annual Spring Brunch

\$25.00
\$20.00
(65+)



\$12.00
(6-12 years)
\$7.00
(6 and under)

Sunday May 22nd 2011
Burlington Seniors Centre
(corner of New Street & Drury Lane))

Lunch at 12.30 pm. (doors open at 12:00 noon)

Featuring the Island of Jamaica

RAFFLE & DOOR PRIZES & ENTERTAINMENT

Ancilla Ho-Young... 905 332 4570
Rene Papin905 631 0321
Norma Byer.....905 336 0851
Neville Winter.....905 634 0767
Janet Mullin.....905 336 0285
Norma Richards.....905 335 6353

Contact the Burlington Caribbean Connection at 905 332 4570 or visit us at www.burlingtoncaribbeanconnection.com or www.thebcc.ca

Admission by advance Tickets only

Please note, photographs taken at this event is the property of The Burlington Caribbean Connection

Upcoming Events

- o **Caribbean Night**
September 10th
Mainway Community Centre
- o **15th Anniversary Gala and Scholarship Awards Night**
December 3rd
Atrium Banquet & Conference Centre

Rastatouie's Recipes

Jamaican Easter Bun and cheese is a Jamaica tradition. The bun is rich, dense, sweet, aromatic and full of flavor. Mixed Spice is a mixture of ground cinnamon, nutmeg, allspice, ginger and coriander, which gives the bun the spicy fragrance.



- o 3 cups flour
- o 3 teaspoons baking powder
- o 3/4 cup brown sugar
- o 2 eggs beaten
- o 1 tablespoon browning
- o 1/2 pint milk
- o 2 tablespoon melted margarine
- o 1 tablespoon nutmeg
- o raisins and mixed peel (amount based on your taste)
- o 1 tablespoon mixed spice
- o 1 tablespoon cinnamon

BAKING METHOD

- o Measure all ingredients in a bowl and mix well.
- o Pour into bun shaped baking pans and bake in a moderate 350F until done well.
- o Glaze with Sugar and water or pancake syrup and serve.
- o *nyam till u belly bus...*

Recent Black History Event



On February 6th 2011 the BCC hosted a reception to celebrate the launch of Ferguson Jenkins Canada Post stamp and the unveiling of the 2011 Black History Legacy poster from the Robert Small Gallery



- o "Polished Hoe" by Austin Clarke,
- o "The swinging bridge": Espinet, R.
- o "Beyond a Boundary": C.L.R. James
- o "When the rain stopped in Nat Land: Alecia Mac Kenzie
- o "Rainwater" : Janet Naidu-Guyana



*The temptation to experience
It is simply too much to resist
Eventually you will surrender
to the rhythm of our nations
A place where the people's
hospitality
radiates in the smile they wear
and the land's bounty scenic
treasures are waiting to be shared...*
Dave Nanderam

The Executive Members
Ancilla Ho-Young, President
Rene Papin, Vice President
Norma Byer, Secretary
Daphne Dooling, Treasurer
Janet Mullin, Past President

Meeting times and venue:
2nd Thursday of the month
at 8pm-Community Room,
Burlington Police Station, Southampton Blvd
Contact: Ancilla Ho-Young-905 332 4570
Email: thebcc2000@yahoo.ca
website: www.thebcc.ca

Historic Trivia

From 1958 to 1962, an attempt was made to have a "Federation of Caribbean States" by Dr Eric Williams-Trinidad, Norman Manley & Alexander Bustamante- Jamaica and Grantley Adams- Barbados

Islands in the Caribbean contributed troops to the US led invasion of Grenada in 1983 to prevent the introduction of Communism

Test your Knowledge?

What were the names of the ships that transported the first group of "indentured laborers" to Trinidad and Guyana?

Which Island in the Caribbean has the largest "indigenous" population?

BCC Scholarship

Available to students who are:
of Caribbean descent; or have demonstrated alignment with the Burlington Caribbean Connection's Mission, Goals and Objectives.

Be a resident of Burlington or surrounding community

Have valid acceptance to an accredited post secondary institution.

Traders Corner

The CDN loonie is at historic highs, while US property values are at historic lows. This combination has many Canadians buying up properties in (southern) US states. However there are a few things you should know before buying (*Chinese dry-wall, county assessments, well & septic vs. city, expansion plans etc*).

For expert advice and to see some of our offerings (including Caribbean vacation rentals) please join us at:

www.facebook.com/thefiaeye

